

Hello Phoenix Heart community --

Below is our semi-regular run-down of new and ongoing events. As always, don't forget to visit the calendar on our [website](#) to learn more about Phoenix Heart, to access writings by Buddhist teachers who have emphasized the formless heart of practice, and to check for the latest updates on scheduled events and activities.

August sesshin/ gathering at Hokoji

August 23rd - August 30th

Hokoji temple (near Taos, NM) will be hosting a *sesshin* at the end of August, and Phoenix Heart members are cordially invited. The *sesshin* is an intensive meditation retreat – an opportunity to practice noble silence and other temple forms.

Some details about the *sesshin* have been posted on the [Retreats page](#) of the Hokoji website, with more to come. Click on the **Registration** button to specify which dates you would like to attend, and to sign up for meals. From the registration form you can click on a **Retreat Donation** button to pre-pay. If you are unsure of the amount appropriate for your attendance dates and lodging needs, it would still be helpful if you could estimate an initial partial payment. You can settle up with the *shika* upon your arrival.

If you plan to fly to New Mexico to attend the retreat and would like to try to coordinate transportation to Arroyo Seco from the Albuquerque or Santa Fe airport, please email [Phoenix Heart](#) and we'll work together on it.

Hokoji is located a short drive from Taos, at:
10 Paw-a-Suki Rd.
Arroyo Seco, New Mexico, 87514

Ongoing Invitation

As with most of us in our individual practice, Phoenix Heart is seeking to realize its true nature. We started as a very loose association of friends and temples who shared respect for Kobun's approach to Zen, as well as a sense that it was difficult to find a spiritual home truly open to such a formless way. When Ian Forsberg created the virtual and temporal space for us to gather, we discovered the will to exist as a community. We have created opportunities to study and practice together, and share a growing sense of dharma in the mutuality of these efforts. Now we feel an urge to articulate this sense.

Therefore, the Practice Committee is inviting participants in Phoenix Heart activities, and anyone intrigued by Kobun's way, to give expression to what Phoenix Heart is or should be. Please contribute a word, a line, an essay, a poem or a song. Anything that might help us articulate what it is that we hope to do.

Ongoing Activities (Zoom links are below, or at phoenixheartsangha.com [bottom of home page as well as on the calendar] — contact [Phoenix Heart](#) for more details)

- [Kobun's Way of Formless Practice: A Conduit to Ancient Teachings](#)
Biweekly on Mondays at 5:30pm, Pacific. Next meeting May 26th.
Newcomers welcome! Contact [Phoenix Heart](#) for class description and study materials
- [Embracing Mind Book Study Group](#) (Phoenix Heart Auxiliary Activity)
Weekly on Tuesdays, 6pm - 7:30pm Pacific
- [Wednesday Evening Meditation](#) (Phoenix Heart Kindred Activity by Myokoji Temple)
Wednesdays, 6:30pm - 7:45pm Pacific
Open invitation from Myokoji to Phoenix Heart and others interested in Zen and Metta
- [Monthly Practice Committee Meetings](#) (Phoenix Heart Activity)
Next meeting: Saturday June 21st, 9am - 10:15am Pacific (10 am Mountain)
- [Monthly Board of Directors Meetings](#) (Phoenix Heart Activity)
Next meeting: Monday June 30th, 5pm - 6:15pm Pacific (6pm Mountain)

Email phoenixheart.sangha@gmail.com to comment on or unsubscribe from this newsletter.